

**“Club of Excellence Award”
2008**

SUBMISSION

from

Metro Club 15



Club of Excellence Award 2007 - 2008

PART ONE – Achievement Statistics for Metropolitan Clubs

	Base Points	Oct 2007	Nov 2007	Dec 2007	Jan 2008	Feb 2008	Mar 2008	Apr 2008	May 2008	Jun 2008	July 2008	Aug 2008	Sept 2008	Total Score
Active paid-up membership as at membership review	5 points per Member			29						28				285
Number of new members registered each month.	10 points per Member	2	1		1	1		3		2				100
MEMBER attendance at meetings for month (sum of average weekly attendance for month)	5 points per Member	14.4	17.25	21	14.5	15.75	14.25	15.4	16.75	12.75	15	8.25	11.8	885.5
VISITOR (prospective member) attendance at meetings for month (sum of average weekly attendance for month)	5 points per PROSPECTIVE MEMBER	4	8	17	1	2.25	2.25	3.2	3.75	1	1.2	0	2.4	230.25
Personal Development Program - completions in the semester	5 points per Member			2						4				30
Intermediate Development Program - completions in the semester	10 points per Member													
Advanced Development Program – new registrations in the semester	10 points per Member													
Advanced Development Program - completions in the semester	10 points per Member													
No of Active Critics in the semester (practicing as Club critic and/or at external Club)	20 points per Critic			5						4				180
No of new Critics Accredited in the semester	20 points per Critic													
No of Critics Re-accredited in the semester	20 points per Critic													
Attendance at Critics Training weekend workshop (as trainee or presenter).	20 points per Critic									2				40
Attendance at Training Council Quarterly meeting (as critic or presenter)	10 points per Critic													
Attendance at Training Council quarterly workshop (as Club member, critic or presenter).	10 Points per member													
Attendance at Training Council short courses (as Club member, critic or presenter - monthly or specific subject)	10 Points per member	2	1											30
Attendance at Dais meeting (as Dais representative or proxy - AGM same meeting).	20 Points per Dais Rep		2			2		2				2		160
Attendance at Club Executive Training Workshop (as Club Member or presenter)	10 Points per member									2				20
Attendance at Autumn Convention (as competitor, adjudicator or Club Member)	10 points per Member													
Participation in AGSOY competition (as a competitor or adjudicator) at heats and semi finals.	10 points per Member	6												60
Attendance at AGSOY Final function (as a competitor, adjudicator or Club Member in audience)	10 points per Member		14											140
Attendance at Rostrum VOY (as an adjudicator or Club Member in audience - includes heats and finals).	10 points per Member													
Attendance at ANZAC Day debate (as a competitor, adjudicator or Club Member in audience)	10 points per Member							19						190
Attendance at Tall Stories competition (as a competitor, adjudicator or Club Member in audience)	10 points per Member									13				130
Attendance at Other Designated Rostrum Function	10 points per Member								8					80
TOTAL:														2560.75

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PART TWO - INTERNAL ACTIVITIES AND INNOVATIONS

Section 1. EFFECTIVENESS OF THE ACTIVITY IN PROMOTING THE AIMS OF ROSTRUM AND ENRICH THE FELLOWSHIP OF MEMBERS IN THE CLUB.

IMPORTANT NOTE:-

All ACTIVITIES to be prefaced by **OBJECTIVE** (to be stated) and **RESULT/OUTCOME** (to be clearly stated and detailed).

Hints for completion of this section (not limited to this range):-

- 1) Did the activity have educational impact? (teaching/learning)
- 2) Did the activity focus on public speaking, meeting procedure development?
- 3) Did the activity foster development of self-discipline of Speakers?
- 4) Did the activity promote skills at a range of levels?
- 5) Did the activity promote more or different forms of interaction?
- 6) Did the activity help members learn more about each other?

1. ENHANCE COMMUNICATION SKILLS OF ITS MEMBERS

Objective: To provide formal training in the form of tutorials and to provide opportunity for impromptu speeches and practice runs for events such as weddings or speeches to be presented at work.

Activity:

The Program Director aims to create an interesting, challenging and varied agenda for weekly meetings and tries to meet specific needs of members.

- Club 15 provides monthly tutorials named One Page Wonder that are presented by the Club's more experienced members. Some of the topics covered this year were: 'Introducing a Visitor', 'Using Humour in Speeches', 'Speaking Tools', 'Using Your Voice', 'Impromptu Speaking', and 'Competition Speeches'.
- To encourage participation by all and to challenge members to 'think on their feet', the program director schedules variations on the Round Robin theme, for example 'Developing a story', and speaking about associations about postcards and props such as children's toys or sweets. The pertinent question is a weekly exercise.
- To address specific communication needs of members, Club 15 provides the opportunity for members to practice speeches to be given at the member's place of work or at an event. For example, in order for a groom to be to practice his speech, Club 15 scheduled a wedding event where the groom practised his speech while other members took on roles such as M.C., father of the groom, best man, etc.
- Listening skills are important communication skills that are practiced by the weekly Word Watcher and Big Ears while a 'Call my Bluff' exercise challenged speakers to 'read between the lines' and to observe body language or any other hint that may tell them that only one speaker speaks the truth.

Outcome: A recent survey of its members resulted in positive feedback from members who expressed that the club provided them with more confidence and vital tools when the occasion arose to present, or when interviewed for a job.

2. ENCOURAGE MEMBERS TO MAKE STEADY PROGRESS IN THEIR DEVELOPMENT PROGRAM

Objective: To assist and encourage all existing members to complete their PDP or IDP within a year.

Activity:

- The program director tracks progress of members and schedules members for exercises they feel ready to do. The schedule always provides slots for PDP and IDP.
- All club members are very encouraging and supportive, especially to new speakers, ensuring that every member feels comfortable to step out and present their exercise.

Outcome: In a year where many members found themselves to be very busy with work, study or personal commitments, 6 members completed their PDP within this time frame and have gone on to progress with their IDP.

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3. MAINTAIN MEMBERSHIP

Objective: To maintain interest of new and existing members in the Club and Rostrum generally.

Activity:

- The agendas cater for more experienced and newer members by introducing variety and different levels of challenge.
- New members are allocated a mentor when they join and may choose a mentor they are most comfortable with.
- The club responds pro-actively to members' comments and addresses concerns about the programme or how the meeting is run.
- The club executive follows up members that have had a period of absence to ascertain that the absence is not due to lack of interest or dissatisfaction with the programme.
- The club introduced a number of changes to the meeting schedule this year to ensure that Club Business for example is kept to a minimum, to introduce better flow to agenda items, to ensure that no speaker has to talk during dinner and to generally ensure that the club does not simply follow the same well-trodden path.
- The club encourages newer members to positions on the committee and Club Executive to ensure balanced input and fresh approaches.
- All members are constantly advised of the Rostrums functions and activities and encouraged or often sponsored to attend.

Outcome: 9 of the 10 new members that have joined during the year are still members of the Club. The small number of members that left the club have done so due to new circumstances and commitments preventing them from attending the club meetings.

4. PROMOTE FELLOWSHIP

Objective: To ensure that all members participate in a friendly, personable environment and feel supported, encouraged and develop friendships within the Club and within Rostrum.

Activity:

- The annual President's Barbeque for members and their families provides a sociable and relaxed environment for members and their families to meet outside the boundaries of the club meetings.
- The club allows 15 minutes uninterrupted time for dinner at meetings so that members can freely mingle and have conversations with each other.
- If suitable occasions arise, to have a fun meeting that enables members to participate in a light-hearted fashion. At this year's 1st April meeting everything was run as a 1st April joke, for example the wet toast was actual toast sprayed with water while the dry toast was a piece of burnt toast. Members were called upon to portray a word using gestures and body language only. It was a hilarious meeting.
- The annual joint Christmas Meeting with Club 21 is an entertaining meeting with a special Christmas dinner and activities that have a Christmas theme. The 2007 meeting was attended by 36 people.
- Participation of members in the annual ANZAC Day Breakfast and Tall Stories competitions provides the opportunity for members to meet members of other Rostrum Clubs as does attendance or participation at Rostrum functions such as the Arthur Garvey Speaker of the Year competition.
- Mentors are always on hand to give feedback and advice. Every member of the club is approachable and constructive criticism is always given with a lot of positive encouragement.

Outcome: The Club provides a friendly and enjoyable environment.

Two members of the club publicly declared at a meeting that the fellowship of the club has helped them overcome personal obstacles and has helped them to recover lost self-esteem and confidence.

Other comments received in writing (email) included:

"The people in the club are what make it. There is an immense depth of experience with the long-termers and they all have an openness about them that makes you feel comfortable in asking them for pointers". (Mark Harris)

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"The humour in the club I enjoy the most. Attending a club meeting cheers and peps me up for the rest of the week". (Ying Ling)

"I believe it has been a well organised and well run Club and has been a rewarding experience for many who have been involved, considering the many challenges that face voluntary organisations today in competing for people's time!!!" (Wayne Passmore)

"Club 15 is outward looking and innovative" (Peter Weston)

5. ATTRACT NEW MEMBERS TO THE CLUB

Objective: To ensure that the club remains viable, vibrant and maintains high membership.

Activity:

- Club 15 maintains a website to attract visitors and interested parties.
- Club 15 publishes brochures to advertise the meeting location and time and to promote public speaking.
- Brochures are distributed by members twice yearly via letterbox drops and in busy shopping centres or libraries.
- First time visitors to the club are presented with an information handout that informs them about the personal development programs and what to expect upon joining Rostrum and Club 15.
- The club has a designated visitor's night and schedules tutorials aside speaking exercises so that visitors can see multiple benefits of joining a public speaking club.
- The club has an open door policy and visitors are made to feel welcome at any meeting they wish to attend.
- This year the club ran a tutorial on 'How to introduce a visitor'.

Outcome: Disregarding months where visitor attendance is high due to joint events with other clubs or hosting of events such as the Rotary Voice of Youth heat, club 15 attracts an average of 2.35 visitors every week.

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Section 2. EFFECTIVENESS OF THE ACTIVITY IN ADDING TO THE VITALITY OF THE CLUB.

IMPORTANT NOTE:-

All ACTIVITIES to be prefaced by **OBJECTIVE** (to be stated) and **RESULT/OUTCOME** (to be clearly stated and detailed).

Hints for completion of this section (not limited to this range):-

- 1) Did the activity facilitate fun/enjoyment?
- 2) Did the activity provide variety/difference?
- 3) Did the activity teach new skills?
- 4) Did the activity exercise previously developed skills?
- 5) Did the activity stimulate/challenge?
- 6) Did the activity provide opportunities to mix with others?

1. THE PROGRAM

Objectives:

- To develop the speaking abilities of all members
- To provide opportunity to successfully complete or progress through PDP and IDP exercises
- To provide opportunities for participation by all
- To meet specific needs of individuals
- To introduce an element of fun.

Activity:

- The agendas are fluid so that different needs of its members at different times can be met. This includes providing opportunities for members to progress and complete their PDP and IDP exercises but also to schedule meetings around a major and actual event such as 'The Wedding Reception' that was held in October 2007. 'The Wedding Reception' not only provided the groom with the opportunity to practice his speech but also set the theme for other speakers.
- This year, a 'Standby Spot' was introduced to the agenda, providing opportunity for a member who may have been an infrequent visitor to the club, or a member not scheduled to speak on the night to undertake an impromptu speech. The 'Standby Spot' can also serve to fill a gap in the schedule.
- Club 15 makes the most of any occasion by celebrating days such as 1st April in style if the meeting happens to fall on such a day. On this occasion, the chairman was dressed as a judge and for the Rostrum Toast offered slices of toast that were either dry (and burnt) or wet (sprayed with water). Exercises on this night included using gestures and body language to explain a word that other members had to guess.
- Club Speaker of the Night Award. This award is now presented by a member of the club rather than the president. This activity provides an impromptu speaking opportunity for members on the night and is usually undertaken by a member not scheduled for a speech on the night.
- Monthly tutorials are presented to showcase the benefit of joining Club 15 and Rostrum.
- Variations of the Round Robin theme are used to enable all attending members to speak.
- 'Call my Bluff' was one of the more unusual exercises undertaken this year.

Outcome: A number of members expressed their appreciation of the program and felt that their needs are being met. The 1st April meeting is still vivid in members' memories as it was a simply hilarious event.

2. CLUB MANAGEMENT

Objective: To run the Club effectively and to ensure that the objectives of the Club are met.

Activity:

- The Club Executive meets monthly to discuss ongoing matters.
- Members of the executive follow up on non- or infrequently attending members to ascertain that the absences are not due to the program or any other concerns about the meetings.
- When nominations for office bearers fall due, new members are encouraged to join the committee to ensure that there is always a fresh approach to how the club is run and to make new members feel appreciated. This also provides the opportunity for diverse members to learn a new skill set by being

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involved in coordinating events such as the Anzac Day Great Debate or by taking on a new role as an office bearer.

- The Club devises a strategic plan that sets the objectives for the year. Having a strategic plan assists The Club Executive to continuously review how the club is going and to discuss and address areas where the objectives are not being met.

Outcome: The Club continues to run smoothly. Office bearers and committee members feel greatly supported in their respective positions by the whole team. Club members appreciate the fact that they are heard and that the Club genuinely cares about its members.

3. MOTIVATION

Objective: To motivate members to be active in the Club.

Activity:

- Members are frequently reminded that Rostrum is about learning, experimenting and challenging oneself in a supportive environment and not just about giving a great speech.
- Newer members are encouraged to participate in the David Mead Trophy Club Speaker of the Year competition, regardless of experience. The aim is not just to win the competition but to 'give it a go'.
- Rostrum is a teaching organisation and the monthly tutorials held by Club 15 ensure that members not only learn by undertaking the PDP and IDP exercises and subsequent critique of their own and other speakers' speeches, but to also learn by attending tutorials about the different aspects of public speaking.
- Speaker of the Night Award gives members a prize that encourages them to strive for improvement in their performance and gives members an opportunity to show their appreciation for a job well done.
- The Mick Wright Trophy for the most improved speaker of the year is a much sought after award. It encourages members to develop their skills and confidence continually over the year.
- Club 15 organised Events such as the ANZAC Day Great Debate and the Tall Stories competition adds an extra element to the club that enables members to participate in the various aspects this entails, including coordinating the event and participating on the night.

Outcome: A successful club relies on members putting energy in. It is absolutely fantastic to see how many club members are prepared to jump in at short notice to fill sudden gaps in the agenda or help out where the need arises.

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Section 3. EFFECTIVENESS IN PROVIDING ADDITIONAL SPEAKING OPPORTUNITIES WITHIN THE CLUB ACTIVITIES.

IMPORTANT NOTE:-

All ACTIVITIES to be prefaced by **OBJECTIVE** (to be stated) and **RESULT/OUTCOME** (to be clearly stated and detailed)

Hints for completion of this section (but not limited to this range):-

- 1) Did the activity involve additional/different people?
- 2) Did the activity introduce new formats?
- 3) Did the activity challenge Speakers to develop different skills?
- 4) Did the activity provide practice for speeches of varied length?
- 5) Did the activity include members of other Clubs?

1. CLUB 15 ORGANISED EXTERNAL ROSTRUM EVENTS

Objective: To provide members with the opportunity of speaking to larger groups and being involved in the preparation and coordination of the event.

Activity:

- Anzac Day Breakfast provides members with the opportunity to present reading aloud, poetry, Master of Ceremony, Chairman of Debate and award presentation exercises in front of a gathering which is usually over 100 people from many Clubs. Newer members are strongly encouraged to participate.
- The Tall Stories competition is a speaking competition with humorous speeches of six minutes duration. This event is held in the evening with dinner. As our members are involved in planning and preparing this event it is a way of expanding their organisational and teamwork skills. By participating in it (Master of Ceremonies, Chairman of Competition), it is a forum to expand their speaking skills to a much larger audience in a different environment.

Outcome: New members have participated in public speaking forums that would not normally be available to them and thereby greatly expanding their skills, whether organising or presenting.

2. CLUB 15 INTERNAL SPEAKING CHALLENGES

Objective: To provide varied opportunities for members to participate in meetings.

Activity:

- The 'One Page Wonders' tutorials give a range of members the opportunity to prepare an instructive training tutorials to other members of the Club outside the set PDP and IDP format.
- The 2007 Club Speaker of the Year provided the opportunity to practice competition speeches for members old and new. Speeches are of 8 minutes duration, longer than speeches undertaken as part of the PDP and IDP programs.
- The Word Watcher and Big Ears segment is undertaken weekly as it serves to hone members' listening skills and introduces the challenge of incorporating a given word into prepared speeches.
- The weekly Standby Spot is an opportunity for any member not scheduled to speak to undertake an impromptu speech.
- Round Robin variations with prompts have frequently been used to enable participation by all.
- The annual joint Christmas Party with Club 21 presents the opportunity for members from both clubs to speak in front of a larger audience (36 people attended the function in 2007).

Outcome: The Club has a varied program that promotes learning as well as speaking opportunities.

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Section 4. EFFECTIVENESS IN PROVIDING ADDITIONAL LEARNING EXPERIENCES
WITHIN THE CLUB ACTIVITIES

IMPORTANT NOTE:-

All ACTIVITIES to be prefaced by **OBJECTIVE** (to be stated) and **RESULT/OUTCOME** (to be clearly stated and detailed)

Hints for completion of this section (but not limited to this range):-

- 1) Did the activity include formal training? (*e.g. mentoring/chairmanship/debating/presentation techniques*)
- 2) Did the activity promote creativity?
- 3) Did the activity provide structured feedback (repeat the exercise following feedback)?
- 4) Did the activity set specific learning goals?

1. MONTHLY TUTORIALS

Objective: To provide regular training to Club members.

Activity:

- Once a month, a Club member presents a training topic related to public speaking. The topic is then condensed into a one page handout that members can add to their existing One Page Wonder folder.
- Every new member, upon joining Club 15 is presented with an up-to-date folder that they can add to.

Outcome: There are several benefits to this activity. Over time, members accumulate a wealth of training materials that are very accessible as they are focussed on the pertinent points. Presentations this year included 'How to introduce a visitor', 'Using Humour in Speeches', 'Speaking Tools', 'Using Your Voice' and 'Making a Great Opening'. Members also experience how an effective tutorial is to be held.

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PART THREE - EXTERNAL ACTIVITIES AND INNOVATIONS

Section 1. EFFECTIVENESS OF THE ACTIVITY IN PROMOTING THE AIMS OF ROSTRUM EXTERNAL TO THE CLUB

IMPORTANT NOTE:-

All ACTIVITIES to be prefaced by **OBJECTIVE** (to be stated) and **RESULT/OUTCOME** (to be clearly stated and detailed).

Hints for completion of this section (not limited to this range):-

1. Did the activity have educational impact? (teaching / learning?)
2. Did the activity focus on the value of public speaking, meeting procedure development?
3. Did the activity foster development of self-discipline of Speakers?
4. Did the activity promote skills at a range of levels?

1. PARTICIPATION OUTSIDE THE CLUB

Objective: To encourage all members to see themselves as members of the broader Rostrum community, to attend functions and to avail themselves of the training workshops and short courses offered by Rostrum WA.

Activity:

- Details of all functions advertised by Rostrum WA are relayed to all members and numbers taken for attendances.
- Visitors and guests who are prospective members are advised of the Rostrum Speakers workshops and the refunds that apply.
- In order to encourage attendance the Club subsidises any function that requires an entry fee or other expense.
- Details of short courses and workshops advertised by Rostrum WA are relayed to members at Club meetings.

Outcome: Rostrum functions, workshops and courses attended during the year include:

Speak up and Speak Out	3 attendees
Critics Training (Les Westerlund and Adell Griffiths)	2 attendees
Club Management Seminar	2 attendees
Rostrum 60 th Anniversary Dinner	8 attendees
Arthur Garvey Speaker of the Year	14 attendees
ANZAC Day Great Debate	19 attendees
Tall Stories Event	13 attendees

2. INVOLVEMENT WITH ROSTRUM OUTSIDE THE CLUB

Objective: To provide services to the Rostrum Community.

Activity:

- Two Club 15 Critics, Terry O'Meara and Mathew Lane are the assigned external critics for Club 50 and Club 21 respectively.
- A number of Club 15 members hold positions on the DAIS Executive. These include:
Editor of the Informer: Mathew Lane
Secretary: Adell Griffiths
Treasurer: Michael Martion
- Alan Ham was made a Freeman and Mark Roberts was awarded a Bronze Medallion at Rostrum WA's 60th Birthday Dinner for their long association and services to Rostrum WA.

Outcome: Club 15 has a number of deeply committed members. Their motivation and efforts not only within Club 15 but also within the wider rostrum Community set a good example to other members of Club 15 and motivate members in turn.

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3. Section 2. EFFECTIVENESS IN PROMOTING ROSTRUM IN THE COMMUNITY EXTERNAL TO THE CLUB

IMPORTANT NOTE:-

All ACTIVITIES to be prefaced by **OBJECTIVE** (to be stated) and **RESULT/OUTCOME** (to be clearly stated and detailed).

Hints for completion of this section (not limited to this range):-

1. Did the activity involve people outside Rostrum?
2. Did the activity promote Rostrum as a training organization?
3. Did the activity advertise and present Rostrum professionally?
4. Did the activity give visitors a lasting positive impression of Rostrum?
5. Did the activity provide accurate and relevant information about Rostrum?

1. PARTICIPATING IN NON ROSTRUM GROUPS

Objective: To promote Rostrum by assisting as a Rostrum member.

Activity:

- Alan Ham assisted the Lions Club Youth Quest for the third year by conducting interviews with contestants and adjudicating at the Public Speaking section on 2 days in February and March 2008.
- Mark Roberts, Mathew Lane and Mike Kapitola adjudicated at the Rotary Club District Final in December 2007.
- Mathew Lane adjudicated at a Rotary Club District Heat in September 2008.
- Mark Roberts adjudicated in a Rotary Club District Heat at Fremantle in November 2007.
- Wayne Passmore attended a Business Swap breakfast in June 2008 at which he gave a promo on Rostrum. (Business Swap is an international network for professionals, business owners and the self-employed).
- Alan Ham was a guest at the Annual WA Luncheon of the Australian and New Zealand Institute of Insurance and Finance, with 160 plus attendees and delivered a speech on the history of the Institute's examination system with its origins in 1884, and announced and presented the 2008 National and State Awards to WA recipients.

Outcome: Several members of Club 15 have offered their services and expertise to a number of organisations and have thereby exposed Rostrum to a broad range of people who have appreciated their services.

2. ROTARY ZONE QUARTER FINAL

Objective: To plan and host Rotary Youth Speaks zone quarter final.

Activity:

- For the second time, Club 15 agreed to host and adjudicate the District Final of the Rotary Voice of Youth Competition in November 2007. There were three speakers supported by family and Rotary members. The competition was held as part of the Club's normal weekly meeting.

Outcome: The number of visitors to the club totalled 21 on the day. Club 15 speakers on the night experienced talking in front of a larger crowd while also being exposed to competition speeches given by 3 young people.

3. PROMOTING ROSTRUM IN THE WIDER COMMUNITY

Objective: To promote Rostrum and attract new members

Activity

- The Club maintains a website that informs about club organised events and the Rostrum training programs.

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- Twice yearly, Club members distribute brochures in public places such as libraries or via letter-box drops. The brochures are professionally made and look attractive.
- A Rostrum Brochure Stand has pride of place at reception in the Metro Inn.

Outcome: The Club attracts visitors and new members from many suburbs that are not local to the Club's meeting place. Visitors and new members are attracted to Club 15 because the website and brochures promote Rostrum and Rostrum Club 15 as vibrant and professional.

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Section 3. EFFECTIVENESS IN PROMOTING FELLOWSHIP IN ROSTRUM EXTERNAL TO THE CLUB.

IMPORTANT NOTE:-

All ACTIVITIES to be prefaced by **OBJECTIVE** (to be stated) and **RESULT/OUTCOME** (to be clearly stated and detailed)

Hints for completion of this section (but not limited to this range):-

1. Did the activity invite / include members of other Clubs?
2. Did the activity encourage members to visit other Clubs?
3. Did the activity provide the opportunities for members to interact more / differently?
4. Did the activity help members to share experiences?

1. ROSTRUM CLUB 15 HOSTED EVENTS

Objective: To organise and coordinate events for the wider Rostrum community and to enjoy fellowship with the wider Rostrum community.

Activity:

- ANZAC Day Great Debate - The Club hosted the ANZAC Day Great Debate held on 25th April 2008 to share in the Spirit of the ANZAC with other Rostrum members and the community with The Ode, Last Post, Reveille and Readings, a Guest Speaker and a debate between two Rostrum clubs. This event presents the opportunity for Club 15 members to be involved in coordinating the event and speaking in front of a larger audience. Newer members are encouraged to participate.
- Tall Stories - This is a speaking competition with humorous speeches of six minutes duration. This event is held in the evening with dinner. This event presents the opportunity for Club 15 members to be involved in coordinating the event and speaking in front of a larger audience.
- The annual joined Christmas Party with Club 21 is an enjoyable event for two friendly clubs. Members from both clubs participate in the meeting and mix and mingle at the table.
- Club 15 hosted Heat 2 of the Arthur Garvey Speaker of the Year competition in September 2008, welcoming 5 speakers and 6 visitors from other clubs that came along to support their speakers.

Outcome: The ANZAC Day Great Debate and the Tall Stories event are yearly events that are popular in the wider Rostrum Community for the extra public speaking opportunities they present as for enjoying the social aspect of the event. They were attended by 98 and 65 people respectively and present an opportunity to meet club members from many different clubs. Hosted heats, joined Christmas Party and hosted events encourage the fellowship of the wider Rostrum community.

2. SPECIAL EVENTS TO CELEBRATE

Objective: To enjoy the fellowship of Rostrum at special events.

Activity:

- 14 members and 10 guests attended the AGSOY Dinner in November 2007 to support Terry O'Meara and Wayne Passmore in the speaking competition and to fly the flag for Club 15 in the Club of Excellence Award. The Club also celebrated the 2007 Message Design Award for most new members.

Outcome: Club members enjoy the fellowship of Rostrum and are happy to support and celebrate competitors and participants.

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Section 4. EFFECTIVENESS IN PROVIDING ADDITIONAL SPEAKING and LEARNING EXPERIENCES EXTERNAL TO THE CLUB

IMPORTANT NOTE:-

All activities to be prefaced by **OBJECTIVE** (to be stated) and **RESULT/OUTCOME** (to be clearly stated and detailed)

Hints for completion of this section (but not limited to this range):-

1. Did the activity involve additional / different people?
2. Did the activity challenge experienced Speakers?
3. Did the activity demonstrate a variety of presentation styles / types?
4. Did the activity provide diversity in the duration of speaking activities?

1. SPEAKER PRACTICE RUNS

Objective: Where Club members have practiced speeches to be given at events or at work.

Activity:

- Cullum Dillon and Dennis Gavranic presented their groom's speech for their respective weddings.
- James Randall practised to be MC for a forthcoming wedding of close friends.

Outcome: All members received valuable feedback and Rostrum Club 15 created a memorable meeting around it called "The Wedding Reception" with other speeches presented by the "Father of the Bride", "Best man" etc. An interruptive "drunk" wedding guest challenged the MC no end.

2. ROSTRUM IN ACTION

Objective: Identifying increased opportunities of and presentations by members using skills perfected as members of Rostrum.

Activity:

- Les Westerlund presented speeches at two national conferences and 1 international science conference and was the conference facilitator at building industry conference in Perth in April 2008
- Robert Hughes presented at the 1st International Conference for Sustainable Biosystems in July 2008 in Perth and gave a number of tutorials and lectures at Murdoch University in the units environmental policy and law, environmental management and sustainable water systems. Robert also gave occasional lectures and workshops in environmental science research methods and chemistry for environmental science.
- Wayne Passmore took on a Safety Rep role at work only because of Rostrum training.
- Mark Harris stepped into an acting Manager's role and chaired meetings to update 50 staff about goings on and presented impromptu presentations for staff leaving and staff birthdays.
- Ying Ling went to job interviews less nervous and with a successful outcome and feels more free to give her opinion, ask questions or provide feedback at work when attending workshops and seminars.

Outcome: The above members stated that Rostrum has helped them tremendously by increasing their confidence and by improving their public speaking skills.